



The Yoga Studio
65/1 Arak Rd,
Chiang Mai
50200
Thailand

9th September 2010

To whom it may concern,

I am happy to confirm that **Sandra Caillet** has been a teacher at our studio for several months each year during the years 2005 to 2010 during which time she was teaching daily classes, usually twice to three times a day.

Her teaching was greatly appreciated as was her trustworthiness, reliability, punctuality and honesty. I would not hesitate to recommend her for a teaching position to you.

Sandra is comfortable teaching classes, workshops and intensives for all levels, from beginners to advanced students, is familiar with the use of props and therapeutic poses and enjoys Yoga Flow too. She has put together a handbook for Yoga beginners.

During my absence she competently takes care of administrative tasks at the Studio like answering phone calls and emails, updating the Facebook page, as well as organizing the schedule of teachers, doing accounts, etc... She undertakes these tasks willingly and is very reliable with them.

If you require further communication on this subject, please feel free to email me at: adam@yoga-chiangmai.com

Yours in yoga,
Adam How (Studio director)

www.yoga-chiangmai.com

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